



THE SARATOGA VIEW

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Ice Rescue Training

By: Laurie Stone



Ice Rescue is one of the largest target hazards our Fire & Rescue department faces during the winter months. Instructors from our training division host Ice Rescue Technician Courses as well as refresher courses every year ensuring all Fire & Rescue personnel are prepared to respond to such an incident.

This year we conducted 2 Technician Courses and certified our newest group

"We certified our newest group of personnel!"

of personnel as well as members of Lehi, Lone Peak, Springville, Salt Lake City and Mapleton Fire Departments.

Typically the incidents that are news

worthy are tragic and usually consist of a loss of life or property, but one story that received a lot of attention in the news had a happy outcome and Saratoga Springs Fire & Rescue was able to use it as a public lesson and teaching moment. Saratoga Springs Fire & Rescue received great praise from the community and was recognized by neighboring agencies for its high quality training and professionalism.

Click the link to learn more about this heartwarming story of how we rescued a dog that fell through the ice on Utah Lake this winter.

<https://fox13now.com/2018/01/31/crews-rescue-dog-that-fell-through-ice-at-utah-lake/>

For ice safety tips check out page 6.

Community Calendar

CITY COUNCIL MEETINGS

MAR 5	Work Session Business Meeting	Immediately After Work Session	6pm
MAR 19	Work Session Business Meeting	Immediately After Work Session	6pm

PLANNING COMMISSION MEETING

MAR 14	City Council Chamber	6pm
MAR 28	City Council Chamber	6pm

LIBRARY BOARD MEETING

MAR 12	City Hall Conference Room (Upstairs)	6:30pm
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HOLIDAYS & CLOSURES

MAR 17	Happy St. Patrick's Day!
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RECREATION PROGRAMS



Who: Men & Coed 16 and up
Register: Feb 4- April 8
Season: Starts April 19
Cost: \$350 Per Team (Late registrations subject to wait list and \$10 late fee)



Who: Coed Pre K-2nd Grade
Register: Mar 5 - April 22
Season: Starts May 28
Cost: T-ball and Coach Pitch \$45
Machine Pitch \$55 (Late registrations subject to wait list and \$10 late fee)



Who: Boys & Girls Ages 7 to 14
Register: Feb 5 - April 2
Season: Starts April 16
Cost: \$65 (Late registrations subject to wait list and \$10 late fee)



Who: Co-ed, Ages 6 to 12
Register: Mar 4 - April 29
Season: Thurs, May 2 - June 6
Cost: \$40
Where: Saratoga Marina
Includes: 6 fishing/instruction sessions & end of the program hot dog BBQ



Westlake Spring Baseball Camp

Who: 1st - 9th Grade
Register: Feb 20 - March 29
When: Starts April 19
Cost: \$25
Where: Westlake Baseball Field

Hosted by the Westlake Baseball Program



For more details and registration, please visit: www.saratogaspringscity.com/recreation

Spring Clean Up

For the 19th time in 124 years Punxsutawney Phil did not see his shadow. Could this mean an early spring? Only time will tell.

One thing is for sure, as March

begins, it is time to start taking stock of our yards and what we will need to do to get things ready for warmer weather.

Below is some great information

on various opportunities for free waste disposal and when secondary water will become available for use.

Utah County Hazardous Household Waste Collection

When: April 13, 2019
9am-3pm.

Where: Provo Towne Center Mall West
Parking Lot

For more details go to: <http://www.utahcounty.gov/Dept2/Health/Index.asp>
or call 801-851-7525.

Yard Clean Up Disposal

The City has consolidated the dumpster locations for spring cleanup again this year. The location is at the City's Public Works site located on Saratoga Road at 900 E Saratoga Springs.

This will be the only dumpster location in the City. We are only offering one location to ensure that dumpsters are available for use.

Previously, the dumpsters located throughout the City would fill quickly and not be available for use.

Having multiple dumpsters at one location will ensure that each full dumpster is hauled away and a new one is delivered as soon as possible, ensuring that they are available for residents' use.

Just a reminder, this service is

provided only for bagged household and/or green waste items.

Furniture, electronics, oil/fuel, kitchen appliances, tires, rocks and concrete are not to be placed in these dumpsters.

If you have questions or concerns please contact the Public Works Department at (801)766-6506.



Secondary water turn on dates and information

The City of Saratoga Springs will begin charging the secondary (irrigation water) starting the week of April 15th.

In order to help the system charge faster we ask residents to turn your individual secondary water valve to

the off position. This will protect your sprinkler system and allow you to test for water leaks.

If you have questions or concerns please contact the Public Works Department at (801)766-6506.





SATURDAY, APRIL 13, 2019

Spring Festival

NEPTUNE PARK 8-10 AM

8:00- 10:00 Pancake Breakfast- \$5 adults, \$2 kids
 Benefiting WHS women's and men's soccer programs

9:00 SHARP Easter Egg Hunt

8:00- 10:00 Free face painting, meet the Easter Bunny
 Scavenger hunt, hosted by the Saratoga Springs Library

*There is also a Special Needs hunt area and additional ADA parking.



Come into the Library to learn about the Cover to Cover In-N-Out reading program that runs March 2- April 13 For kids Ages 4-12



St. Patrick's Day Crafting

Friday, March 15th

11:00 A.M. to 6:00 P.M.



SARATOGA
SPRINGS
LIBRARY

1307 N. Commerce Dr. Ste. 140

Saratoga Springs UT 84045

801.766.5613

www.saratogaspringscity.com/library

For children and their caregivers.

Join us to make some fun crafts and maybe even catch a leprechaun.

Suicide Prevention

By: Caryn Nielsen, Communities That Care

Suicide effects every family and every community. Thanks to a smartphone app, help is available 24/7 for young people, their parents, guardians, and others who experience depression, anxiety, loss, grief, bullying/cyberbullying, self-harming behaviors, suicidal thoughts, or drug or alcohol problems.

SafeUT answers crisis calls, texts, and chats—from the young person reaching out or from others. It provides free real-time crisis intervention for people in need.

We encourage parents to help their youth download the SafeUT app and talk to them about the

importance of reaching out if they're worried about someone they know.

Some of the warning signs for someone dealing with suicidal thoughts include:

- Hopeless/helpless thoughts
- Social isolation
- Talk of being a burden on others—how others would be better off without them
- Giving away prized possessions

"Today's world is very different from the world many of us grew up in," said Jessica Strong, Community Health and Outreach Manager for Intermountain's Primary Children's

Hospital, in an interview on KSL's Studio 5. "Young people are at greater risk in many ways. If we see warning signs of suicidal thoughts, we need to take them seriously."

For more information on the SafeUT app and/or to schedule a suicide prevention training, contact Caryn Nielsen with Communities That Care at 801-888-9147 or cnielsen@saratogaspringscity.com

Chat - CrisisLine

Opens 2-way messaging with a SafeUT CrisisLine counselor.

Call - CrisisLine

Tap this to speak to a SafeUT CrisisLine counselor. The CrisisLine number will appear and you can call immediately.



Submit a Tip

Submit confidential tips to school administrators on bullying, threats, or violence.

Ice Safety Tips



If you fall in:

- Never go on the ice alone.
- If you fall through the ice you can become disoriented, so first and foremost, try to stay as calm as you can.
- Grab hold of the ice shelf, try not to struggle as much as possible and have someone call 911 to get help immediately.

If someone you are with falls in:

- Within 5-10 minutes most

victims will lose the dexterity in their hands and will be unable to assist with their own rescue. Hypothermia sets in immediately and time is of the essence.

- It's important that you stay on shore. If you can't reach somebody with a pole, or throw a rope to them to pull them in, call 911 and wait for help to come so that you yourself don't become a victim.

(Image provided by Utah division of Wildlife Resources)

Employment Opportunities

FULL-TIME POSITIONS

- Public Improvements Inspector
- Maintenance I,II,IV - Water
- Maintenance IV - Streets

PART-TIME POSITIONS

- Library Clerk
- Crossing Guards
- Sports Official
- Sports Official - Adult Programs
- Site Supervisor
- Maintenance- Seasonal (Streets, Water, Parks)
- Records Clerk

VOLUNTEER OPPORTUNITIES

- Arts Council
- City Events Committee
- Library Volunteers

For the latest updates, visit: www.saratogaspringscity.com/employment

Office Hours

CITY HALL

1307 N. Commerce Drive
Monday - Thursday
7am - 6pm
Friday
8am - 5pm

Phone Number:
801-766-9793

LIBRARY

Monday - Friday
10am - 8pm
Saturday
10am - 5pm

Phone Number:
801-766-6513

PUBLIC WORKS

Monday - Thursday
8am - 6pm

Phone Number:
801-766-6506

RECREATION

Monday - Thursday
8am - 5pm

Phone Number:
801-766-9793 ext. 211