

THE SARATOGA VIEW

Photo By: Michelle Hansen

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National Family Meals Month

By: Caryn Nielsen, Communities That Care

Communities That Care commits to helping families eat at home together more often during national Family Meals Month™ with an aim to inspire families to eat at home together more often, to foster the best health possible for individuals and families now and into the future.

We are proud to celebrate National Family Meals Month™! During September. We encourage families to share one more meal together per week.

Did you know that numerous studies underscore the long-term health, academic and societal benefits of consistently eating together as a family? Home-cooked meals nourish the spirit, brain, and health of all family members.

Not to mention, people who frequently cook at home eat fewer and healthier calories. Additionally, regular

family meals are linked to the kinds of outcomes that we all want for our children: higher grades and self-esteem, healthier eating habits and less risky behavior.

However, according to

solutions to your mealtime dilemma. We are committed to helping your family eat well to be well together and will be offering resources to bring to the table on the city's Facebook page.

So, as the new school year starts, we challenge you to renew your commitment to creating and serving meals at home that nourish your kids and your whole family, because family meals make families stronger.

Commit to sharing one more family meal at home per week. Follow us on Facebook (City of Saratoga Springs) and Instagram (cityofsaratogasprings) for family meal-focused content, including tips, contests and recipes.

Share your own family meal experiences, misadventures, and solutions within your social channels.

And, remember, use the hashtag #saratogafamilymeals to be part of the conversation!



a 2013 Harris poll, only 30 percent of American families share dinner every night. Why is this? Yes, juggling jobs, kids and the demands of a busy, modern life often come at the expense of family mealtime at home. But, this doesn't need to be the case. You have allies all around you to provide

Community Calendar

CITY COUNCIL MEETINGS

September 3

Work Session 6pm
Business Meeting After Work Session

September 17

Work Session 6pm
Business Meeting After Work Session

PLANNING COMMISSION MEETINGS

September 12

City Council Chamber 6pm

September 26

City Council Chamber 6pm

LIBRARY BOARD MEETING

September 10

City Council Chamber 6:30pm

SEPTEMBER EVENTS

MOON PARTY/OUTDOOR MOVIE

September 7

Neptune Park 7pm

GET TO THE RIVER FESTIVAL/WALK THE RIVER

September 21

Inlet Park 8-10am

UPCOMING EVENTS

FALL FESTIVAL

October 4

Shay Park 5-8pm

The Saratoga Springs and
Bluffdale Police Department

Personally Invites You

to our Citizen's Academy

Starting on September 25, 2019

at 6:30 pm in the

Saratoga Springs City Council Room

**Come learn how we keep you,
your children, and city safe**

"Hands-on" classes include: shooting
range, driving police cars, field sobriety
tests, radar use, and wearing swat gear



Must be 21 Or
Older to Attend

Must Pass a
Background Check

Preference to Saratoga Springs
and Bluffdale Residents

Have Questions? Contact Melissa Hamer

(801)420-6326 or mhamer@saratogaspringscity.com

MOVIE IN THE PARK



Sept 7 @ Neptune Park

Dusk, approximately
8:15pm

Kicking Off the School Year Safely

By: AnnElise Harrison, Civic Events Coordinator

As summer ends and school begins there is a sense of excitement. The kids have new clothes, their backpacks are filled with new school supplies, and there is a rush to get out the door and get to school on time each morning. As parents, our kids safely to and from school is a top priority. Here are a few tips to help us as a community keep kids safe during the school year:

1. Pay attention to school zones during your commute. These areas have slower speeds and kids frequently crossing the street.

2. Watch for crossing guards. They are there to help kids cross safely. Let's show them courtesy and appreciation by stopping when they enter the road and using caution as we drive through their zone.

3. Be patient & respectful in school drop-off zones. The best way to keep our kids safe is to wait your turn and make sure you drop off and pick them up in the schools designated areas.

4. Carpool when possible. All of our schools are dealing with high numbers of students. Carpooling can cut down on the number of vehicles coming and going from the schools. Parking at Westlake is especially full.



parking passes available at Westlake have been handed out.

Principal Twitchell said, "We have several students who need to drive for a variety of reasons.

We have limited our staff parking in order to free up as much student parking as possible. There is simply limited space. I am asking for help from our students and patrons. Please consider taking advantage of busing and carpooling to help us. Even if it were only 1-2 times per week, this would help us immensely!"

5. Leave earlier so that you have time to deal with unexpected delays. Often we make mistakes and/or compromises when we are running late that can put kids at risk. Give yourself an extra few minutes as a contingency; if things go well you might even be early for work!

6. Know the roads as we grow. For information on road construction and how it might affect your morning commute go to www.saratogaspringscity.com/roadconstruction.

By taking a little more time to plan ahead, being aware and having a little more patience, we can work together to make sure all of the students in Saratoga Springs get to and from school safely.

Saratoga's Got Talent

By: Teri Pontius, Arts Council Boardmember



On July 29, Saratoga Springs City hosted some very talented friends and neighbors in our 1st Annual "Saratoga's Got Talent" showcase!

This fun show was part of the Summer Celebration Series, which took place on Monday evenings throughout the summer at Neptune Park.

This year's show featured talent of all ages and backgrounds, with acts ranging from Broadway to Classical to Beat Box!

Many thanks to our talented performers, to our Summer Celebration Series sponsors, Towne Storage, FatCats, Pepsi, DR Horton, Sparrow Electric and America First Credit Union, and to our co-sponsor of this event, Texas Roadhouse in Lehi, for providing prizes and popcorn!

Y'all start thinking now about the talent YOU might want to share with us next year!

UTAH JAZZ YOUTH BASKETBALL
JR. JAZZ



For more details and registration, please visit: www.saratogaspringscity.com/recreation



Full S.T.E.A.M. Ahead: Teenage S.T.E.A.M. Club

Robot hands, Coding, 3D Printing, Forensic Science, .
Drop by and see what we'll come up with next!

For ages 12-17

Wednesdays from 4:00 to 5:00 P.M.



SARATOGA
SPRINGS
LIBRARY



F a l l F e s t i v a l

Activities Include:

- Free Train Rides
- Games
- Trick-or-Treating
- Food Trucks
- Petting Zoo
- Inflatable Rides
- Knocker Balls
- and more

Wristbands for the petting zoo, inflatables and knocker balls will be available for presale in the library September 23- October 3

If you would like more information, to be a business sponsor, have a booth, or are interested in volunteering, go to www.saratogaspringscity.com/fallfestival

Sponsored by:

D.R. HORTON
America's Builder



Pepsi & Tilo
Team



October 4

5 - 8 pm

Shay Park



International
OBSERVE THE
MOON
NIGHT

September

SAVE THE DATE
Neptune Park, 7pm

Presented by:
 **Kiwanis** 

See the *Moon's* mountains & craters up close with a *Telescope*
then stay and watch *The Force Awakens!*

2019 General Municipal Election Schedule:

- October 6 – Last day to register by mail or through a registration drive.
 - October 14 – VOTE BY MAIL Ballots mailed to all active registered voters. Look for them! The NEW DRIVE-BY City Hall Ballot Drop Box is open beginning October 14 and will close November 5, 2019 at 8pm.
 - October 21 - Last day for a new registrant to register in person or online and receive a by-mail ballot.
 - October 29 – Last day to register online or in-person.
 - November 4 – By mail postmark deadline– If in doubt, place it in a drop box.
 - November 5 – Election Day Service Center at City Hall opens at 7am and closes at 8pm.
 - November 6-19 – Canvass Period - final counting of all remaining ballots.
- For more information go to:

www.saratogaspringscity.com/171/Elections

www.utahcounty.gov/Dept/ClerkAud/Elections/index.html



Join the City Orchestra



The Saratoga Springs Community Orchestra is now preparing for its 5th annual Christmas concert and has openings for string, horn, and percussion players.

The orchestra is a non-audition group. It is ideal for community members with limited time and who have been part of music ensembles in the past (such as junior high, high school or college) and want an opportunity to come together with others

to build friendships and enjoy playing a wide variety of music.

Rehearsals are held on the 1st, 3rd, and 5th Thursdays of each month at 7pm in the City Council Chambers at the city offices building (1307 N Commerce Drive).

To join, please come early to the next rehearsal or visit www.saratogaspringscity.com/orchestra.



2100 North
to S.R. 73

CONSTRUCTION UPDATE

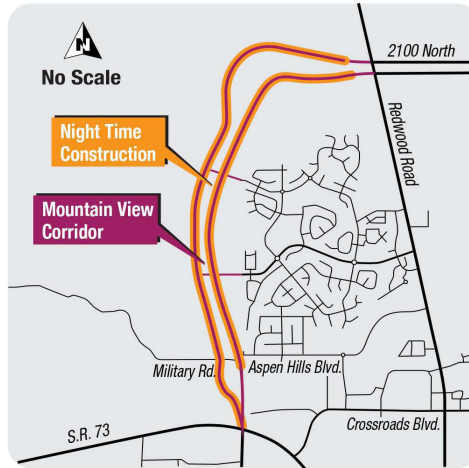
August 2019

Night Time Construction Work

Night time work continues on the Mountain View Corridor, as crews are paving from 6 p.m. to 6 a.m. up to 7 days a week.

During these times, residents in the area may notice an increase of noise, dust, and construction lighting. Night work is projected to continue intermittently through early fall. Construction activities are weather permitting and are subject to change.

For questions or comments about this upcoming construction work, please call the project informational line at 1-800-596-2556. You can find additional information about the project at www.udot.utah.gov/mountainview.



udot.utah.gov/mountainview | 800-596-2556 | mountainview@utah.gov

A UDOT Project

Calling All Photographers!

Get snapping those pics, because registration for the Annual Saratoga Springs Photo Contest opens October 1, 2019. For more details and registration, please visit:

www.saratogaspringscity.com/photocontest



Summer Celebration Survey

Did you have fun this Summer during our weekly, Monday night events. Tell us what you thought and give us feedback by filling out a quick survey!

www.saratogaspringscity.com/2019summersurvey

Employment Opportunities

FULL-TIME POSITIONS

- Maintenance I - Water
- Maintenance I - Combination
- Floater - Water/Parks

PART-TIME POSITIONS

- Fire Fighter/Paramedic
- Fire Fighter/AEMT
- Sports Official- Youth Programs
- Recreation Site Supervisor
- Public Works Seasonal Maintenance- Streets, Water, Parks

- Police Reserve Officer- School Resource Officer
- Crossing Guard Substitute

VOLUNTEER OPPORTUNITIES

- Library
- Arts Council
- City Celebrations Committee

For the latest updates, visit: www.saratogaspringscity.com/employment

Office Hours

CITY HALL

1307 N. Commerce Drive

Monday - Thursday
7am - 6pm

Friday
8am - 5pm

Phone Number:
801-766-9793

LIBRARY

Monday - Thursday
9am - 8pm

Friday - Saturday
10am - 6pm

Phone Number:
801-766-6513

RECREATION

Monday - Thursday
8am - 5pm

Phone Number:
801-766-9793 ext. 211