

## SNOW REMOVAL CODE

- It is illegal for the owner or driver to park a vehicle on a City street or right-of-way during or following a snowstorm

- Vehicles shall be defined to include, but not necessarily limited to any vehicle or object used or capable of being used for transportation purposes whether for the transport of humans, animals or freight of any kind.

For more information go to: [www.saratogaspringscity.com/SnowRemoval](http://www.saratogaspringscity.com/SnowRemoval)



## SARATOGA SPRINGS RECREATION

### LOST & FOUND POLICY & PROCEDURES

- Site Supervisors will log items found at parks or school facilities after games have ended for that day
  - Items will be taken to the City Recreation office.
- Items will be kept for 30 days before taken to be donated.
- To see if your lost or left items have been found you can email or call the recreation office at:
  - [recreation@saratogaspringscity.com](mailto:recreation@saratogaspringscity.com)
  - 801-766-9793.

## Employment Opportunities

### FULL-TIME POSITIONS

- Data Analyst
- Maintenance II Street Light Technician
- Fleet Administrator
- Fire Fighter AEMT
- Police Officer

### PART-TIME POSITIONS

- Recreation Site Supervisor
- Sports Official
- Sports Official (Adult Programs)
- Reserve Officer

### VOLUNTEER OPPORTUNITIES

- Library
- Arts Council
- City Celebrations Committee
- Veterans Advisory Council

For the latest updates, visit: [www.saratogaspringscity.com/employment](http://www.saratogaspringscity.com/employment)

## Office Hours

### CITY HALL

1307 N. Commerce Drive

Monday - Thursday  
7am - 6pm

Friday  
8am - 5pm

Phone Number:  
801-766-9793

### LIBRARY

Monday - Thursday  
9am - 8pm

Friday - Saturday  
10am - 6pm

Phone Number:  
801-766-6513

### RECREATION

Monday - Thursday  
8am - 5pm

Phone Number:  
801-766-9793 ext. 211

### STAFFING

Staffing may be limited  
during business hours due  
to COVID 19



# THE SARATOGA VIEW

Photo By: Ken Hanvey

## Celebrate in Saratoga

With all of the ups and downs in 2020, let's end the year on a high note. The city has planned many fun activities for you and your family to enjoy. Saratoga Springs Civic Events has teamed up with the Saratoga Springs Library and Westlake High School to make the month of December special for everyone.

From the Holiday Home Decorating Contest that runs all month long, to our Letters to Santa Parade there is sure to be an activity for every member of the family.

We have made some changes to our events to make sure everyone has a fun, safe holiday season. Our traditional Holiday Orchestra Concert will be a virtual concert streamed on Facebook on December 7. We will be adding an additional virtual concert this month on



December 14 featuring Ryan Innes. While at BYU Ryan Innes performed with the popular group Vocal Point, and went on to be a fan favorite on NBC's The Voice. Over the years Innes has developed a distinct and dynamic artistic voice that we are happy to share with our citizens while they enjoy listening to their

holiday favorites. Once again the Saratoga Springs Youth Council will be teaming up with the Westlake

High School Student Council for Stuff The Jar Night on December 8. This Holiday Event is part of the annual Christmas Jars Charitable Fundraiser that Westlake Students sponsor to help families in need in our community.

For a full list of all of the activities planned for this year check out the advertisement on Page 4. For registration, event maps, and more detailed information on these events go to: [www.saratogaspringscity.com/celebrateinsaratoga](http://www.saratogaspringscity.com/celebrateinsaratoga)

### SPONSORED BY:



## Community Calendar

# DECEMBER

**CITY COUNCIL MEETING**

December 1

Available Via YouTube  
Business MeetingWork Session 6pm  
After Work Session**PLANNING COMMISSION MEETING**

December 10

Available Via YouTube

6pm

**LIBRARY BOARD MEETING**

December 8

Available Via YouTube

6:30pm

**CITY HALL & LIBRARY CLOSURES**

December 24

December 25

January 1

Library Closed  
Christmas Day (Library & City Hall)  
New Years Day (Library & City Hall)**DECEMBER EVENTS****CELEBRATE IN SARATOGA**

Events Throughout The Month of December

**RYAN INNES CONCERT**

December 14

See advertisement on page 3

7pm

**UPCOMING EVENTS**  
**MISS SARATOGA SPRINGS**

See advertisement on page 4

For more details please visit: [www.saratogaspringscity.com](http://www.saratogaspringscity.com)**RECREATION PROGRAMS****Youth Programs**

- Youth Volleyball
- Girls Fastpitch Softball
- Youth Baseball
- Spring Soccer

**Adult Programs**

- Adult Softball (Coed & Mens)

For more details and registration, please visit: [www.saratogaspringscity.com/recreation](http://www.saratogaspringscity.com/recreation)

## CELEBRATE IN SARATOGA

A MONTH LONG EVENT

**Holiday Home Decorating Contest**

December 1- 31

Voting information and printable scavenger hunt sheets available on city website

**Christmas Tree Lighting**November 30, 6:30pm  
Facebook Live**Letters to Santa Parade**December 5, 5-8 pm  
Neptune Park

Santa Letter Template available on city website

**Virtual Concert Series**December 7 & 14 , 7pm  
Facebook Live**Stuff The Jar Night Charitable Event**

December 8, 6-9pm at Westlake High School

**Light Up Saratoga**December 12, 5-8pm  
Food Trucks at Neptune Park  
Holiday Home Decorating Contest**City Hall Tree**

Help us decorate the Lobby Christmas Tree in City Hall

- Pick up your ornament craft at the library the 1st week of December or at the Letters to Santa Parade
- Turn it in at the library, and we will hang it on the tree for all to see. (While Supplies Last)

[www.saratogaspringscity.com/celebrateinsaratoga](http://www.saratogaspringscity.com/celebrateinsaratoga)

## Happy Holidays?

By: Caryn Nielsen, Communities that Care

Happy Holidays! But is it for everyone? The holiday season often brings unwelcome guests - stress and depression. And 'Home for the Holidays' doesn't have the same ring to it when we've been home with one another for nine months. So what can we do to cope? With some practical tips, you can minimize those unwanted guests.

First, recognize that this is a unique holiday season and choose to adapt. Even though your holiday plans may look different this year, you can find ways to celebrate. Concentrate on those things that are the most meaningful to you, rather than those you feel obligated to do, and recreate a version of them.

For example, in place of a big family meal, drop off special foods on a family member's doorstep. Instead of gathering to carol in Grandma's living room, join family members and friends in caroling over a video call. You may even start a new, loved tradition.

Second, acknowledge your feelings and

how difficult this has been. Ignoring emotions is not the same as controlling them. Reach out for support and companionship.

Get in touch with positive, supportive people, even if not in person. Seek help from a mental health counselor if you need it. Also, notice that everyone is struggling in some way and realize that misery doesn't love company, it loves understanding.

Seek out and offer empathetic and compassionate support for friends, family and others in similar situations. National Alliance on Mental Illness (NAMI) notes that this promotes understanding and coping for the person giving and receiving support. As a

Japanese proverb states, 'One kind word can warm three winter months.'

Lastly, don't neglect your physical health. According to MentalHealth.org, poor physical health can lead to an increased risk of developing mental health problems.

Similarly, poor mental health can negatively

impact physical health. The holidays can lead to disrupted routines. Make time for regular exercise to improve your mood, increase self-confidence and lower symptoms associated with depression and anxiety. It will also help improve sleep which can be disrupted by stress. According to NAMI, even five minutes of exercise has stress-relieving properties.

Remember when others are saying, 'Ho Ho Ho,' it's ok for you to say, 'No No No.' Don't let the changes to this holiday season overwhelm you. Take steps to ward off stress and depression, and to care for yourself and others.

Wishing you peace and comfort this holiday season. Looking for assistance? Call 800-273-8255. For additional resources go to: <https://www.saratogaspringscity.com/964/Mental-Health>



## Miss Saratoga Springs 2021



Miss Saratoga Springs information and applications available online December 20

Jr and Little Miss Saratoga Springs information and applications available online January 1

**Z  
RYA  
IN  
NE**

CELEBRATE  
IN  
SARATOGA

7:00 pm

Facebook  
Live

12.14  
2020

Presented by The  
City of Saratoga  
Springs

Join us for a free virtual holiday concert

## Holiday Events at the Library

**Christmas ornament craft kits:**  
Pick up your Christmas ornament craft kit starting November 30th and while supplies last. After you have made your ornament bring it back to the library and we will hang it on the city hall tree in the lobby.

**Drop off letters to Santa:**  
We will have a mailbox available in the library for you to drop off your letters to Santa.



## NALOXONE SAVES - GET IT!

The library is about connecting people with free resources. Community members can walk in, get a naloxone kit, no questions asked.

Naloxone is a medication that reverses an opioid overdose. Knowing how to use naloxone and keeping it within reach can save a life.

For additional training and questions, visit [UtahNaloxone.org](https://UtahNaloxone.org)

## Monitoring What Goes Down Your Storm Drain

By: Darl Brown, Storm Water Coordinator



Photo By:Jenna Prestwich

The cold, wet weather is on its way. As the rain & snow comes down it accumulates and travels downhill and flows into the grates that are installed in the curb/gutters on the streets that are actually part of a larger water conveyance system of inlets, catch basins, and underground pipes, these are known as a Municipal Separate Storm Sewer Systems, or (MS4).

Some people believe that anything that flows into a storm drain is basically "out of sight" or "out of mind" and doesn't

cause any harm. What those people don't realize is that storm drains do not treat the water or polluted water before it reaches our rivers and streams, unlike wastewater treatment plants. Storm drains are not designed to remove pollutants, so pouring something down a storm drain is the same as pouring it directly into a stream or lake. Please, "Only Rain Down The Drain" & "Let's Leave It Better Than The Way We Found It". We all live downstream.