



# THE SARATOGA VIEW

Photo By: Jared Evans

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## September is Family Meals Month

By: Caryn Nielsen, Communities That Care



There is something you can do that will improve the quality of your daily life, your children's chances of success in the world, and your family's health. Something that is inexpensive, simple to produce, and within the reach of pretty much everyone. What is this magical thing? Family meals.

According to The National Center on Addiction and Substance Abuse (CASA) at Columbia University, children who have frequent meals with their families are likely to do better in school, have a closer relationship with parents and siblings, resist negative peer pressure, are less likely to try

drugs or alcohol at an earlier age and less likely to develop disordered eating behaviors. The immediate goal is for your family to get more pleasure from being together. These other benefits will follow.



During September, Communities That Care encourages families to share one more meal together per week. We will highlight tips, resources, information, inspiration, and meal solutions to help make that happen on the City's Facebook page.

Gather your family together for a meal and use #saratogafamilymeals to share your own family meal experiences, misadventures and solutions.

# Community Calendar



## CITY COUNCIL MEETING

**September 7**

Council Chambers Work Session 6pm  
Business Meeting After Work Session

**September 21**

Council Chambers Work Session 6pm  
Business Meeting After Work Session

## PLANNING COMMISSION MEETING

**September 9**

Council Chambers 6pm

**September 23**

Council Chambers 6pm

## LIBRARY BOARD MEETING

**September 14**

Council Chambers 6pm

## IMPORTANT DATES

### LABOR DAY

**September 6**

City Offices Closed

## IRRIGATION WATER SHUT OFF

**The Week of October 15**

## VOTER REGISTRATION DEADLINE

**October 22**

Information available at [www.saratogaspringscity.com/elections](http://www.saratogaspringscity.com/elections)

## EVENTS

### TRAIN RIDES

**September 4 & September 18**

Shay Park 8am-11am

### BREAKFAST WITH PLANNERS

**September 14**

Public Safety Building 8:30am-10am

### LIBRARY MOON PARTY

**September 18**

Neptune Park 7pm-9pm

## UPCOMING EVENTS

### FALL FESTIVAL

**October 1**

Shay Park 5-8pm

For more details please visit: [www.saratogaspringscity.com](http://www.saratogaspringscity.com)

# Suicide Prevention Month

By: Caryn Nielsen, Communities That Care

If you think someone might be considering suicide - Ask Them. Asking does not make them more likely to attempt suicide and may actually save their life. If you or someone you know is at risk for suicide, take action immediately! Do not leave them alone.

Call the Suicide Prevention Lifeline where confidential, non-judgmental and compassionate help is available 24/7: 1-800-273-TALK (8255) or Call 911.

Take the person to the emergency room or seek help from a mental health professional.

Listen and tell them there is hope. It can be a great relief to someone in crisis when another person is willing to listen and talk with them about their thoughts.

Have a student? Download the SafeUT app to their phone and yours. Licensed clinicians provide 24/7 crisis intervention to youth through incoming

chats, texts and calls by providing supportive or crisis counseling, suicide prevention, and referral services. Parents and care-givers can utilize this app, as well.

Ask a question. Give hope. Save a life.

To schedule a suicide prevention training for you or your organization, contact Caryn Nielsen at 801-888-9147.

## Registration Is Open For:

- **Instructional Jr. Jazz (K-2nd Grade)**
- **Jr. Jazz (3rd-8th Grades)**
- **High School Jr. Jazz (9th-12th Grades)**
- **Wrestling Camp**
- **Dance Lessons**

For more details and registration, please visit: [www.saratogaspringscity.com/recreation](http://www.saratogaspringscity.com/recreation)



**NATIONAL**

# SUICIDE PREVENTION LIFELINE

1-800-273-TALK (8255)  
[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

**Vendors  
Wanted**  
for the Saratoga Springs  
Fall Festival Community Fair  
October 1, 2021  
visit: [www.saratogaspringscity.com](http://www.saratogaspringscity.com) for details and to register

## City Recieves Award For Financial Reporting

The Government Finance Officers Association of the United States and Canada (GFOA) has awarded the Certificate of Achievement for Excellence in Financial Reporting to the City of Saratoga Springs for its comprehensive annual financial report for the fiscal year ended June 30, 2020. The report has been judged by an impartial panel to meet the high standards of the program, which includes demonstrating a constructive

“spirit of full disclosure” to clearly communicate its financial story and motivate potential users and user groups to read the report.

The Certificate of Achievement is the highest form of recognition in the area of governmental accounting and financial reporting, and its attainment represents a significant accomplishment by a government and its management.

*City of Saratoga Springs*

## FALL FESTIVAL

FOOD, FUN, FAMILY DAY

OCTOBER 1, 2021  
SHAY PARK | 5:00PM-8:00PM

**the Saratoga Springs  
Community Orchestra**  
invites you to join them for their  
Holiday Season

rehearsals begin September 2, 2021  
@ Vista Heights Middle School

for more information and to register visit:  
[www.saratogaspringscity.com/orchestra](http://www.saratogaspringscity.com/orchestra)

## Safety Night at the Park

Tuesday September 14  
5:30- 7:30 pm  
Loch Lomond Park  
on Loch Lomond Drive



**Free Gun lock for all participants**

Come ask your safety questions to a Police  
Officer and Firefighter

**Kids can see the Police Car and Fire Truck**

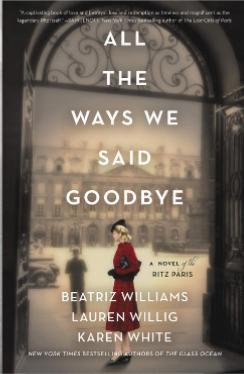


Wednesday, Sept 29th 6:30 p.m.

# Books & Treats

**The heiress....  
The Resistance fighter....  
The widow....  
Three women whose fates are joined by one splendid hotel France, 1914...**

Book club for adults only





SARATOGA SPRINGS PUBLIC LIBRARY

SEPTEMBER  
1




## Correctly Disposing of Grass Clippings

By: Darl D. Brown, Storm Water Coordinator



Everyone loves a beautiful yard. Everyone loves beautiful rivers & lakes. Clean rivers and lakes are important to providing vital fish and wildlife habitat, recreation, educational opportunities, and beauty.

Unfortunately yard work, landscaping, and gardening can contribute to river and lake pollution. Through inattention or carelessness, lawn clippings, leaves, soil, pet

waste, pesticides, and fertilizer can be carried by rain water into our local rivers and lakes.

The rain gutters along our city streets lead to storm drains that flow directly to local rivers and lakes; what you do in and around your yard as well as your garden has a direct impact on your local waterways.

We (The City) are noticing an influx of grass clippings being dumped illegally over back yard fences, in empty vacant lots, construction sites, in the foothills and along the shoreline of Utah Lake as well as The Jordan River. We are watching these areas closely and will start imposing fines if citizens are caught dumping illegally in these areas.

Let's dispose of grass clippings the proper

way. Bag your clippings in a thick plastic bag that's not going to tear or rip open, then dispose of it in your garbage can for weekly pickup. Another option for disposing of your grass clippings is mulching your grass. This is a great way to lower your water consumption and you don't have to worry about where you are going to dispose of your grass clippings.

At this time of the year it's wise to raise your mower deck, so the grass is a little taller and thicker – so the mulched grass will help maintain the moisture levels.

Please Remember... "Only Rain Down The Drain" & "Let's Leave It Better Than The Way We Found It" & "We All Live Downstream".

## Breakfast With Planners

The Saratoga Springs Community Development Department would like to invite you to attend our upcoming event Breakfast with Planners on Tuesday, September 14, 2021 at 8:30 a.m. It will be held in the Public Safety Community Room at 367 S. Saratoga Road. This event is an opportunity for the public to sit down with our City Planners and enjoy some free breakfast while participating in three 20-minute sessions, to discuss these three topics:

- Upcoming City General Plan Update – What's the Plan? What would you like to see the City plan for? The

General Plan serves as a blueprint for future development and will be updated in the near future.

- ADU Code (accessory dwelling units) – Updates on State and City codes and answers to the questions: Can I rent my basement? What will be required?

- Incoming Developments – Discover what's new – what commercial/residential projects will be coming soon to the community and how the City is planning for future growth.

If there are any questions, please call Community Development at 801-766-9793. We hope to see you there!

## Office Hours

### CITY HALL

1307 N. Commerce Drive

Monday - Thursday  
7am - 6pm

Friday  
8am - 5pm

Phone Number:  
801-766-9793

### LIBRARY

Monday - Thursday  
9am - 8pm

Friday - Saturday  
10am - 6pm

Phone Number:  
801-766-6513

### RECREATION

Monday - Thursday  
8am - 5pm

Phone Number:  
801-766-9793 ext. 211

### STAFFING

Staffing may be limited  
during business hours due  
to COVID 19

## UTAH COUNTY HEALTH IMMUNIZATION CLINIC

September 20  
2:00 pm - 4:30 pm  
City Hall

For a list of vaccines covered and insurance companies accepted please go to:  
[www.saratogaspringscity.com](http://www.saratogaspringscity.com)

Please bring proof of insurance



## Employment Opportunities

### FULL-TIME POSITIONS

- Maintenance II (Sewer)
- Maintenance II (Water)
- Building Inspector I,II or III
- Engineer II
- Lead Custodian/  
Maintenance
- SCADA Tech
- Planner II

### PART-TIME POSITIONS

- Library Clerk
- Custodian
- Planner I
- Reserve Officer (PT  
Detective)
- Reserve Officer (School  
Resource Officer)
- Crossing Guards

- Sports Official (Adult Programs)
- Recreation Site Supervisor

### VOLUNTEER OPPORTUNITIES

- Library
- Veterans Advisory Council
- City Celebrations Committee

For the latest updates, visit: [www.saratogaspringscity.com/employment](http://www.saratogaspringscity.com/employment)