



THE SARATOGA VIEW

Photo By: Jared Evans

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September is Family Meals Month

By: Caryn Nielsen, Communities That Care



There is something you can do that will improve the quality of your daily life, your children's chances of success in the world, and your family's health. Something that is inexpensive, simple to produce, and within the reach of pretty much everyone. What is this magical thing? Family meals.

According to The National Center on Addiction and Substance Abuse (CASA) at Columbia University, children who have frequent meals with their families are likely to do better in school, have a closer relationship with parents and siblings, resist negative peer pressure, are less likely to try

drugs or alcohol at an earlier age and less likely to develop disordered eating behaviors. The immediate goal is for your family to get more pleasure from being together. These

other benefits will follow.

During September, Communities That Care encourages families to share one more meal together per week. We will highlight tips, resources, information, inspiration, and meal solutions to help make that happen on the City's Facebook page.

Gather your family together for a meal and use #saratogafamilymeals to share your own family meal experiences, misadventures and solutions.



Community Calendar

**CITY COUNCIL MEETING****September 7**Council Chambers
Business Meeting After Work Session

Work Session 6pm

September 21Council Chambers
Business Meeting After Work Session

Work Session 6pm

PLANNING COMMISSION MEETING**September 9**

Council Chambers 6pm

September 23

Council Chambers 6pm

LIBRARY BOARD MEETING**September 14**

Council Chambers 6pm

IMPORTANT DATES**LABOR DAY****September 6**

City Offices Closed

IRRIGATION WATER SHUT OFF**The Week of October 15****VOTER REGISTRATION DEADLINE****October 22**Information available at www.saratogaspringscity.com/elections**EVENTS****TRAIN RIDES****September 4 & September 18**

Shay Park 8am-11am

BREAKFAST WITH PLANNERS**September 14**

Public Safety Building 8:30am-10am

LIBRARY MOON PARTY**September 18**

Neptune Park 7pm-9pm

UPCOMING EVENTS**FALL FESTIVAL****October 1**

Shay Park 5-8pm

For more details please visit: www.saratogaspringscity.com

Suicide Prevention Month

By: Caryn Nielsen, Communities That Care

If you think someone might be considering suicide - Ask Them. Asking does not make them more likely to attempt suicide and may actually save their life. If you or someone you know is at risk for suicide, take action immediately! Do not leave them alone.

Call the Suicide Prevention Lifeline where confidential, non-judgmental and compassionate help is available 24/7: 1-800-273-TALK (8255) or Call 911.

Take the person to the emergency room or seek help from a mental health professional.

Listen and tell them there is hope. It can be a great relief to someone in crisis when another person is willing to listen and talk with them about their thoughts.

Have a student? Download the SafeUT app to their phone and yours. Licensed clinicians provide 24/7 crisis intervention to youth through incoming

chats, texts and calls by providing supportive or crisis counseling, suicide prevention, and referral services. Parents and care-givers can utilize this app, as well.

Ask a question. Give hope. Save a life.

To schedule a suicide prevention training for you or your organization, contact Caryn Nielsen at 801-888-9147.

Registration Is Open For:

- Instructional Jr. Jazz (K-2nd Grade)
- Jr. Jazz (3rd-8th Grades)
- High School Jr. Jazz (9th-12th Grades)
- Wrestling Camp
- Dance Lessons

For more details and registration, please visit: www.saratogaspringscity.com/recreation





City Receives Award For Financial Reporting

The Government Finance Officers Association of the United States and Canada (GFOA) has awarded the Certificate of Achievement for Excellence in Financial Reporting to the City of Saratoga Springs for its comprehensive annual financial report for the fiscal year ended June 30, 2020. The report has been judged by an impartial panel to meet the high standards of the program, which includes demonstrating a constructive “spirit of full disclosure” to clearly communicate its financial story and motivate potential users and user groups to read the report.

The Certificate of Achievement is the highest form of recognition in the area of governmental accounting and financial reporting, and its attainment represents a significant accomplishment by a government and its management.



Safety Night at the Park



Tuesday September 14
5:30- 7:30 pm
Loch Lomond Park
on Loch Lomond Drive

Free Gun lock for all participants

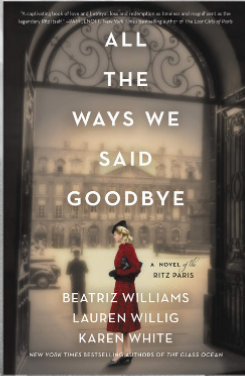
Come ask your safety questions to a Police Officer and Firefighter

Kids can see the Police Car and Fire Truck




Wednesday, Sept 29th 6:30 p.m.

Books & Treats



The heiress....
The Resistance fighter....
The widow....
Three women whose fates are joined by one splendid hotel France, 1914...

Book club
for adults
only



SARATOGA SPRINGS
PUBLIC LIBRARY

SEPTEMBER
1



LIBRARY NEWS

As summer winds down and kids go back to school, the Library is returning to our usual routines, too: **starting September 1st, fines for overdue items** will begin accruing and being charged on accounts.

As a reminder, materials must be returned to the library by the close of business on the date an item is due to avoid late fines. Fines will not be assessed on Sundays, holidays or days the library is closed.

Remember...

- * Different types of materials have varying loan periods. If you are unsure of when your items are due, you can see all items checked out on your card and their due dates in your account information. *(Go to the 'Catalog & Log Into Your Account' page on our website to access your account.)*
- * Different types of materials also have varying fines for being overdue. You can find the list of what the fine amount per day is for each item on the 'Fines & Fees' page of our website.

www.saratogaspringscity.com/library

Correctly Disposing of Grass Clippings

By: Darl D. Brown, Storm Water Coordinator



Everyone loves a beautiful yard. Everyone loves beautiful rivers & lakes. Clean rivers and lakes are important to providing vital fish and wildlife habitat, recreation, educational opportunities, and beauty.

Unfortunately yard work, landscaping, and gardening can contribute to river and lake pollution. Through inattention or carelessness, lawn clippings, leaves, soil, pet

waste, pesticides, and fertilizer can be carried by rain water into our local rivers and lakes.

The rain gutters along our city streets lead to storm drains that flow directly to local rivers and lakes; what you do in and around your yard as well as your garden has a direct impact on your local waterways.

We (The City) are noticing an influx of grass clippings being dumped illegally over back yard fences, in empty vacant lots, construction sites, in the foothills and along the shoreline of Utah Lake as well as The Jordan River. We are watching these areas closely and will start imposing fines if citizens are caught dumping illegally in these areas.

Let's dispose of grass clippings the proper

way. Bag your clippings in a thick plastic bag that's not going to tear or rip open, then dispose of it in your garbage can for weekly pickup. Another option for disposing of your grass clippings is mulching your grass. This is a great way to lower your water consumption and you don't have to worry about where you are going to dispose of your grass clippings.

At this time of the year it's wise to raise your mower deck, so the grass is a little taller and thicker – so the mulched grass will help maintain the moisture levels.

Please Remember... "Only Rain Down The Drain" & "Let's Leave It Better Than The Way We Found It" & "We All Live Downstream".

Breakfast With Planners

The Saratoga Springs Community Development Department would like to invite you to attend our upcoming event Breakfast with Planners on Tuesday, September 14, 2021 at 8:30 a.m. It will be held in the Public Safety Community Room at 367 S. Saratoga Road. This event is an opportunity for the public to sit down with our City Planners and enjoy some free breakfast while participating in three 20-minute sessions, to discuss these three topics:

- Upcoming City General Plan Update – What's the Plan? What would you like to see the City plan for? The

General Plan serves as a blueprint for future development and will be updated in the near future.

- ADU Code (accessory dwelling units) – Updates on State and City codes and answers to the questions: Can I rent my basement? What will be required?

- Incoming Developments – Discover what's new – what commercial/residential projects will be coming soon to the community and how the City is planning for future growth.

If there are any questions, please call Community Development at 801-766-9793. We hope to see you there!

UTAH COUNTY HEALTH IMMUNIZATION CLINIC

September 20
2:00 pm - 4:30 pm
City Hall

For a list of vaccines covered and insurance companies accepted please go to:
www.saratogaspringscity.com

Please bring proof of insurance



Office Hours

CITY HALL

1307 N. Commerce Drive

Monday - Thursday
7am - 6pm

Friday
8am - 5pm

Phone Number:
801-766-9793

LIBRARY

Monday - Thursday
9am - 6pm

Friday - Saturday
10am - 6pm

Phone Number:
801-766-6513

RECREATION

Monday - Thursday
8am - 5pm

Phone Number:
801-766-9793 ext. 211

STAFFING

Staffing may be limited during business hours due to COVID 19

Employment Opportunities

FULL-TIME POSITIONS

- Maintenance II (Sewer)
- Maintenance II (Water)
- Building Inspector I, II or III
- Engineer II
- Lead Custodian/ Maintenance
- SCADA Tech
- Planner II

PART-TIME POSITIONS

- Library Clerk
- Custodian
- Planner I
- Reserve Officer (PT Detective)
- Reserve Officer (School Resource Officer)
- Crossing Guards

- Sports Official (Adult Programs)
- Recreation Site Supervisor

VOLUNTEER OPPORTUNITIES

- Library
- Veterans Advisory Council
- City Celebrations Committee

For the latest updates, visit: www.saratogaspringscity.com/employment