



THE SARATOGA VIEW

Photo By: Kristin Pickering

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Dating Safety

By: Heather Burr, Victim Services Coordinator

As we begin the month of February, a month many people associate with love, we wanted to give you some quick pointers on healthy relationships and safety tips, as you prepare for any date, whether it's your first or your thirty-first.

Be aware of your surroundings:

- Do not walk alone in the dark
- Trust your gut
- Stay 12 feet away from strangers
- Carry a personal safety product

A healthy relationship includes things such as:

- Respectful boundaries
- Trust
- Honest Communication
- Compromise
- Respectful feelings

In any relationship, not just romantic ones, boundaries that are understood by both individuals are key to a respectful and healthy relationship. Having open conversations about your boundaries is important, as well as being respectful so these boundaries can evolve as the relationship does as well. Here are some questions that can help you understand your emotional boundaries:

- Is my partner consistent in their actions and behaviors?
- Does my partner demonstrate their trustworthiness by acting in accordance with what they say?

In a very digital world, make sure you have a discussion about your digital boundaries as well. Here are some questions you may consider asking

yourself and your partner:

- What are the expectations for communication through texting or social media?
- Is it ok to post about our relationship publicly?

Our physical boundaries might be the most uncomfortable discussion, especially in a new relationship; but if established in the right way, can lead to understanding and respect between two individuals, instead of hurt or broken hearts. When discussing your physical boundaries, it may be helpful to consider the following guidelines:

- Discuss these boundaries in person
- Be honest
- Don't attack one another for differences
- Check your body language

Your safety is our utmost concern. All relationships go through many different phases and disagreements happen. Knowing the signs of a healthy relationship, as well as the warning signs of an abusive relationship, is very important in every phase. Some warning signs to consider and watch for may be:

- Possessiveness or controlling behavior such as checking your phone, email or social media accounts without your permission
- Putting you down frequently, especially in front of others
- Isolating you from friends or family (physically, financially or emotionally)
- Pressing or forcing you to do anything against your will, including intimate relations.

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Community Calendar

FEBRUARY

CITY COUNCIL MEETING

February 4
February 18

Council Chambers 6 PM
Council Chambers 6 PM

PLANNING COMMISSION MEETING

February 13
February 27

Council Chambers 6 PM
Council Chambers 6 PM

LIBRARY BOARD MEETING

February 11

Council Chambers 6 PM

IMPORTANT DATES

PRESIDENTS' DAY

February 17

City Offices Closed

EVENTS

JR MISS AND LITTLE MISS ESSAY CONTEST SUBMISSIONS DUE

February 10

VOLUNTEER OPEN HOUSE

February 12

Council Chambers 7 PM

PHOTO CONTEST SUBMISSIONS DUE

February 28

UPCOMING EVENTS

MISS SARATOGA SPRINGS

March 8

Vista Heights Middle School 7 PM

BREAKFAST WITH PLANNERS

March 20

Public Safety Building 8:30 - 10 AM

Dating Safety Continued...

If you find yourself in an abusive relationship, it is important to create a safety plan for your safety as well as any children who may be involved. You can pack a bag with some important items using the safety planning checklist found on the Saratoga Springs Police Department Website: www.saratogasprings-ut.gov/296/Safety-Planning-Checklist/

You can also use the national domestic violence hotline's interactive website to

create a safety plan: www.thehotline.org/plan-for-safety/create-a-safety-plan/. Our officers are available 24/7 to assist in any situation where you feel that you or a loved one may be in danger.

In an emergency, please dial 911 immediately. If you are unable to speak, you can communicate with 911 via text, or call and leave an open line so the 911 dispatcher is able to hear what is happening and send resources to you immediately.

The non-emergency dispatch number is 801-798-5600.

Additional resources:

- Victim Services Coordinator: 801-766-6503 ext 133
- 24/7 Utah Domestic Violence Hotline: 800-897-LINK(5465)
- The National Domestic Violence Hotline: 800-700-SAFE(7233)

WE ♥ OUR VOLUNTEERS!

Get involved with our city events volunteer team and make a difference in your community!

Join us for a meet & greet

**Wednesday, February 12
7 PM at City Hall
1307 N. Commerce Drive
Upstairs Council Chambers**

Volunteer Recognition & Opportunities
www.saratogasprings-ut.gov/GetInvolved

Miss Saratoga Springs Scholarship Pageant

SATURDAY, MARCH 8 AT VISTA HEIGHTS MIDDLE SCHOOL
7:00 PM

TICKETS: WWW.SARATOGASPRINGS-UT.GOV/MISSSARATOGASPRINGS

Little & Junior Miss Saratoga Springs entries due February 10
Essay Contest Winners Introduced at the Pageant



Emergency Preparedness Water



Water is necessary for life and survival. You are 60 to 70 percent water. It's necessary for all bodily functions. If you are thirsty, you're already dehydrated. You can only last three to four days without it. Having a storage of clean drinking water

and knowing how to safely treat more is vital to "be ready" for survival.

- Store a MINIMUM of 1 gallon of clean drinking water per person per day.
- Store a MINIMUM 2 week supply (14 gallons each) for you and your family.
- Gather and store water treatment supplies in your disaster supply kits and at home supplies.
- Secure your water heater with earthquake water heater straps.
- Store more water as space,

budget, and ability allow.

- BONUS: Store a full month of water for your entire household.
- BONUS: Practice using only your stored water for two or three days. See if you can live on only one gallon of water per person per day.
- BONUS: Learn how to conserve water in an emergency by practicing things like washing dishes and laundry by hand.
- Information from beready.utah.gov

Theme:
What I Love about Saratoga Springs

PHOTOGRAPHY CONTEST

February 28, 2025

pc: Z ElHalla

pc: J Diaz

Hazardous Waste Disposal By: The Storm Water Department

No matter who you are or what you do, we all generate trash. Did you know some of that trash can't be thrown away in our regular waste bins? Things like paint, electronics, pesticides, and medication are considered 'hazardous' and should be disposed of at a specific location.

To help us dispose of this material correctly, the county has provided a waste station. There are many things that can be disposed of for free at this waste station,

such as paint, oil, gasoline, pesticides, and cleaners. However, depending on the object, some things may require a fee.

If you have questions about what's accepted, please reach out to the waste station. You'll find their contact information at this website: www.utahcountygabage.org/ As always, thank you for helping to keep our community and environment clean and pollutant-free.



Water Storage Reconstruction Project

By: Dean Free, Assistant Public Works Director

Beginning in January, the water division of the public works department began a significant construction project reconstructing two of the City's existing water storage ponds. The work involves removing the existing high density polyethylene (plastic) pond liners and replacing them with new concrete lining systems.

The existing liners in Pond 1 (Saratoga Hills/Landrook neighborhoods) and Pond 3 (Harvest Hills/Wildflower neighborhoods) are now approximately 20 years old, and overtime these plastic liners have degraded due to ultraviolet (UV) light exposure, which can ultimately lead to leaking and loss of water. The new concrete liners will be significantly more durable, and will allow maintenance to be performed in a much more efficient manner.

The construction will involve removing the old pond liner, re-grading and improving the soil subgrade to accept the new concrete liner, improving pond inlet and outlet

infrastructure as necessary, and installing the new concrete liner.

This type of work will require a fair amount of truck traffic with Pond 1 being accessed from Landview Drive and Overlook Circle, and Pond 3 being reached using Harvest Moon Drive and Elderberry Circle. The contractor for this project will be FX Construction, the engineer is Hansen, Allen, & Luce, Inc., and project funding is provided through the American Recovery Plan Act (a federal grant).

The Pond 3 work will be completed by early April so the pond is ready for the pressurized irrigation season starting April 15. Pond 1 is staged to be completed by June. We appreciate your understanding, and request that you please inform your family and friends to be aware of the associated temporary increase in truck traffic through these neighborhoods while this work is being completed.

Recreation Programs: saratogasprings-ut.gov/recreation

- Spring Soccer
- Girl's Fast Pitch Softball
- Youth Baseball
- Instructional Baseball
- Adult Spring Softball
- Pickleball League
- Youth Pickleball League
- Track & Field

Employment Spotlight

• Recreation Site Supervisor

- Job Status: Part Time
- Rate of Pay: \$16.00
- Hourly

• Recreation Sports Official

- Job Status: Part Time
- Rate of Pay: \$13.60
- Hourly

For more information on these and other positions visit:
www.saratogasprings-ut.gov/employment

Office Hours

CITY HALL

1307 N. Commerce Dr

Monday - Thursday
7 AM - 6 PM

Friday
8 AM - 5 PM

Phone Number:
801-766-9793

LIBRARY

Monday - Thursday
9 AM - 8 PM

Friday - Saturday
10 AM - 4 PM

Phone Number:
801-766-6513

RECREATION

213 N 900 E
Monday - Friday
9 AM - 5 PM

Phone Number:
801-766-6510

OTHER FACILITIES

Hours for other city facilities are available on the city website.