



The Saratoga View

February

www.saratogasprings-ut.gov

2026

Photo by: Brandon Hunter

COMMUNITY CALENDAR

CITY COUNCIL MEETING

| | | |
|-------------|------------------|------|
| February 3 | Council Chambers | 6 PM |
| February 17 | Council Chambers | 6 PM |

PLANNING COMMISSION MEETING

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|-------------|------------------|------|
| February 12 | Council Chambers | 6 PM |
| February 26 | Council Chambers | 6 PM |

LIBRARY BOARD MEETING

| | | |
|-------------|-----------------|---------|
| February 10 | Conference Room | 6:30 PM |
|-------------|-----------------|---------|

IMPORTANT DATES

| | |
|-----------------|---------------------|
| President's Day | |
| February 16 | City Offices Closed |

EVENTS

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| Jr. Miss & Little Miss Saratoga Springs Essays Due |
| February 9 |

UPCOMINNG EVENTS

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| Miss Saratoga Springs Scholarship Pageant |
| March 7 Vista Heights Middle School |
| Spring Festival |
| March 23-28 |

OFFICIAL PUBLICATION FOR SARATOGA SPRINGS, UTAH

319 S. Saratoga Rd

Recreation Programming

- Spring Soccer
- Girl's Fast Pitch Softball
- Youth Baseball
- Adult Spring Softball
- Track & Field
- Instructional Baseball
- Youth Pickleball
- Adult Pickleball
- **Splash Days Pickleball Tournament**

www.saratogasprings-ut.gov/recreation



DISPOSING OF HAZARDOUS WASTE BY: THE STORM WATER DIVISION



No matter who you are or what you do, we all generate trash. Did you know some of that trash can't be thrown away in our regular waste bins? Things like paint, electronics, pesticides, and medication are considered 'hazardous' and should be disposed of at a specific location.

To help us dispose of this material correctly, the county has provided a waste station. There are many things that can be disposed of for free at this waste station, such as paint, oil, gasoline, pesticides, and cleaners. However, depending on the object, some things may require a fee.

If you have questions about what's accepted, please reach out to the waste station.

You'll find their contact information at this website: health.utahcounty.gov As always, thank you for helping to keep our community and environment clean and pollutant-free.

SPRING FESTIVAL MARCH 28-28

ADULT
I SPY
EGG HUNT

TEEN
FLASHLIGHT
EGG HUNT

KIDS
ACTIVITIES &
EGG HUNT

www.saratogasprings-ut.gov/SpringFestival

AMERICA 250 | UTAH
SARATOGA SPRINGS CITY

Miss Saratoga Springs Scholarship Pageant

March 7 at 7 PM
Vista Heights Middle School

Little Miss & Junior Miss Saratoga Springs Essay Contest

Applications and Essays Due February 9
www.saratogasprings-ut.gov/misssaratogasprings



THIS MONTH STOP BY OUR OFFICE FOR A FREE SAFETY KEY CHAIN

Comment on our posts all month long to enter
to win a safety keychain set

Follow us for safety tips,
traffic alerts, and other
helpful updates



@saratogaspringspolicedepartment-utah



@saratogaspringspolice_utah



RELATIONSHIP SAFETY BY: THE POLICE DEPARTMENT

As the month associated with love begins, we wanted to provide some quick safety tips as you prepare for any date, whether it is your first or thirty-first. Your safety is our utmost concern. If you feel you or anyone else's life is in danger, please call 911. We also have a victim service coordinator who is here to help you. She can be reached at (801) 766-6503 x133. This month, we are giving away free safety key chains on a first -come first-serve basis to those who stop by our office. While there you can enter a contest for a safety key chain set.

Be aware of your surroundings

- Do not walk alone in the dark
- Trust your gut
- Stay 12 feet away from strangers
- Carry a personal safety product

Relationship Safety Cont....

Relationship Boundaries

In any relationship, not just romantic ones, boundaries that are understood by both individuals are key to a respectful and healthy relationship. Having open conversations about your boundaries is important. As well as being respectful that these boundaries may evolve as the relationship does as well.

Some questions that can help you understand your emotional boundaries-

- Is my partner consistent in their actions and behaviors?
- Does my partner demonstrate their trustworthiness by acting in accordance with what they say?

In a very digital world make sure you have a discussion about your digital boundaries as well. Here are some questions to get the discussion started:

- What are the expectations for communication through texting or social media?
- Is it ok to post about our relationship publicly?

Our physical boundaries might be the most uncomfortable to discuss, especially in a new relationship. But, if done in the right way, can lead to understanding and respect between two individuals and not hurt or broken hearts. When discussing your physical boundaries follow the following guidelines:

- Discuss these boundaries in person
- Be honest
- Don't attack one another
- Check your body Language

Warning Signs

All relationships go through many different phases and disagreements happen. Abusive relationships are based on being in control. Understand the following warning signs for abusive relationships so you can watch out for them:

- Possessiveness or controlling behavior such as checking your phone, or email, or social media accounts without your permission
- Putting you down frequently, especially in front of others
- Isolating you from friends or family (physically, financially, or emotionally)
- Pressuring you or forcing you to do anything against your will, including intimate relations

Safety Plan

If you feel like you are in an abusive relationship, it is important to create a safety plan for yourself and your kids. You can pack a bag with some important items using this list found on the Saratoga Springs Police Department Website- Safety Planning Checklist

Helping Others

If you feel like any of your friends or family are in an abusive relationship, follow these suggestions to help them:

- Offer your support
- Listen to their story without judging his/her actions
- Be patient- Leaving a relationship takes time and is a process

More information can be found at How you can approach a victim at the Saratoga Springs City website,

www.saratogaspringsut.gov/victimservices

