

## OUTDOOR VOLLEYBALL

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### THE PROGRAM AND ELIGIBILITY

The outdoor volleyball program has coed and women's divisions and plays in the summer at Shay Park.

Players must be 16+ and on the team's roster to be eligible to play.

Teams must follow the Code of Conduct and league rules, the team captains are the contacts and responsible party for their team.

The league will follow UOVA rules and may have modifications.

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### GAME SET-UP

Doubleheader games scheduled on 30 minute intervals and two sets will be played (no third set).

Rally scoring, sets to 25, cap at 27- trade sides at 10 (combined scores total)

Two 30 second time outs per set

Games are self-officiated

Teams provide scorekeeper

Women's height net

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### ROSTERS

All players must be added to the roster and signed applicable waivers to play in the regular season and post-season tournament.

- Players can be added through the Team Site on Team Sideline or at regular season games.
  - Using illegal players will result in a forfeit
  - Players can only be on one team/one roster

Players must have played in the regular season and be on the team roster to be eligible for the tournament.

- Minimum roster -4
- Maximum roster -12
  - Maximum awards per champ/non-champ team is 8



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## GAME TIME

Check in with Site Supervisor upon arrival

Five minute grace period from game time until a forfeit of first set. 10 minutes after game time is forfeit of game.

Game can start with three players

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## RULES OF PLAY

The standard for 4's rotation is a diamond, (i.e., a front row player (the setter), two hitters (right and left) and a back-row player (server). While players must serve in rotation, they are allowed to line up in any position or rotation.

The server cannot leave the ground except to set (this means you cannot leave your feet to attack), and remains the "back row" or "serving" player until a new player rotates to the serving position.

Coed: In coed 4's, a woman must do one (or more) of the three hits before it goes over the net. If the ball goes over the net on two hits by two male players, it is a side out.

Attacking the ball: Female players can legally attack the ball at the net/anywhere. However, when playing 4's, the "back row" player may never leave their feet to spike since there is no 10-foot line. The back-row player can only leave the ground to set. Coed: Male players cannot attack from in front of 10' line if it's above net, if attacking in front of the 10' line, ball must have upward trajectory.

Blocks: A block does not count as a touch.

Coed: *Male players cannot block*

Serving: Players must serve in rotation. Let serves are allowed

Coed: Service order must alternate between men/women

"Ghost player" rule if playing with three players, team forfeits serve when "ghost" rotates to serve.

The Net:

- Any contact with the net is considered a fault
- No part of the body, arm, or hand may pass over the top of the net during play except on the block.
- There is no center line under the net. A players' body may partially or completely pass under the net into the opponents' court. Interference occurs only if the opponent is hindered in playing the ball.
- An interference results in a side-out or point in favor of the hindered team.
- The antennas are considered out of bounds and the ball must travel inside the antennas when crossing the plane of the net.



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## UOVA CLARIFICATIONS

- Consecutive contacts are allowed on the first ball over the net, including the serve, except when using finger action (setting motion) and provided the contacts occur during one action.
- Players may hand set the ball on serve reception, handling must be clean
- Consecutive contact off a hard driven ball are legal, even when using finger action.
  - Defensive/reactive in nature Directional block is allowed
  - Contact time cannot be prolonged
- Hand set where ball crosses into the opponent's court is only legal if the trajectory of the ball is perpendicular to the player's shoulders
  - If the wind carries the ball over the net and you are not perpendicular it **is** a fault
  - e.g. Player must be "square"
- "Open hand tipping" is illegal
  - You cannot redirect or push the ball with an open hand. To "tip" legally- all finger in contact with the ball must be rigid and together. Knuckles are allowed.
- As soon as the ball crosses the plane of the net outside of the antennae/post it is considered a dead ball.
  - Pursuit is not allowed because of the type of net system used
- Incidental contact with an opponent is ignored, unless such contact interferes with the opponent's opportunity to play the ball.

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## TOURNAMENT

Double elimination tournament at end of regular season

Only eligible players may play in tournament, ineligible will result in a forfeit

Best of three to 25, cap at 27- trade at 10's. Third set (if needed) to 15, cap at 17, trade at 7's.

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## TEAM SIDELINE

Team Sideline will be the primary source of communication. Please download the app and subscribe to your team's calendar to stay updated on the season's schedule.



Make sure you are receiving emails from Saratoga Springs Recreation and have not unsubscribed. All league info will be sent through emails from Saratoga Springs Recreation/Team Sideline

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## WEATHER

Weather calls are made at 4:00pm. If weather changes and games are cancelled due to weather, they will be rescheduled. If games were not cancelled at 4:00, expect to show up for your game.

Outdoor volleyball will not play if wind speeds/rain make conditions unplayable, if lightning is within a 10 mile radius, or if conditions will damage fields or are unsafe.



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