



SARATOGA
SPRINGS
RECREATION

City of Saratoga Springs Recreation
FALL YOUTH BASKETBALL
BOYS/GIRLS GRADES 3rd/4th
RULES

Game:

- The 3rd-4th grade league is recreational and instructional. No official scores or standings will be kept. Instructors for 3rd-4th grade are there to instruct as well as officiate. One coach from each team is allowed on the court during game time. Coaches must play all of their players at least 50% (half) of each game.
- There will be no forfeits for this age group. Please arrive on time. Time listed on the schedule is game start time. Please arrive early enough to start the game according to the scheduled time.
- The clock will run for the entire game. An hour of practice will be provided during the week. Play will consist of four 8-minute quarters. Halftime will be 3 minutes. Each game will begin with a jump ball. All subsequent jump ball situations will be decided by the alternating possession arrow.
- Officiating: All 3rd-4th grade games will have an instructor that will officiate the game. Their responsibility is to keep the flow of the game while instructing the players regarding basketball situations (fouls & violations).
- The 3rd-4th grade leagues will be conducted with a do-over approach for the first 3 games of the season. As an official makes a call, they will have the player try again using the correct principles. This teaching method will focus on correcting mistakes instead of emphasizing the mistakes itself. At the beginning of the 4th game of the season the “Do Over” approach will no longer be in effect, and the game will be called like a “normal” game.
- Free throws: No free throws will be shot. All fouls, including shooting fouls, will result in the ball being taken out of bounds nearest the point of the infraction.
- Double-teaming is not allowed. The ball will be returned to the team that lost possession in a turnover resulting from a double-team situation.

EXCEPTIONS AND ADDITIONAL RULES

- 9-foot baskets and 28.5" size basketballs will be used.
- Blocking an airborne shot is allowed. Stealing is not allowed. However, defensive players may intercept a pass between offensive players.
- Defense: Man-to-man defense only. No zone defense or double-teaming will be allowed. The defense must fall back to their half of the court to pick up their opponent. No full-court press.
- Players and coaches will not be allowed to make any changes to team rosters. The recreation staff reserves the right to check a player's identity with the roster at any time.

The buildings we use, and the employees who work there, will be treated with the utmost respect. Any problems reported to the City of Saratoga Springs recreation may result in a player or coach being asked not to participate anymore and the player will not be given a refund. Please help us keep the facilities we use clean.

Coaches must play all of their players a minimum of half (50%) of the game!